

The logo for LEDD, featuring the letters 'ledd' in a lowercase, sans-serif font. The 'l' is purple, the 'e' is orange, and the 'dd' is purple.

landelijk expertise- en
implementatiecentrum
dubbele diagnose

A photograph showing the lower legs and feet of a group of people walking across a zebra crossing. The image is partially obscured by a white graphic element on the left side.

LEDD:

Dutch National Centre of Expertise on
Dual Disorders

The combination of addiction and a psychiatric disorder, so called dual diagnosis or dual disorder, requires a specific, integrated treatment approach, preferably conducted by a multidisciplinary team. This involves a lot. LEDD is established to help institutions with this process, through sharing knowledge and developing methodologies. But also by offering institutions practical support and guidance.

LEDD is a collaboration of the Trimbos Institute and five mental health institutions: Mentrum (part of Arkin), GGzE and the Kempen, Palier (Parnassia Bavo Group) and Delta Psychiatric Centre. In this way knowledge and expertise from a number of institutions, that work extensively with these patients, are brought together. We want to offer a platform to all those working with dual diagnosis. We provide expertise in the form of training, education, coaching and advice. We make tools available and provide guidance in implementation processes. And all of the most current information can be found in the centre of expertise.

Our efforts depend on your question. We are ready to further explore this with you. This first meeting is always free of charge, after which we offer a customized quote.

Training, education, coaching & advise

LEDD:

- provides courses and tailor made training
- contributes to your seminar or conference
- organizes bi annual symposia on best practices and scientific progress in the field of dual diagnosis
- provides institutions and teams with coaching and advice 'on the spot'

Knowledge and information

LEDD:

- collects and disseminates knowledge about dual diagnosis and treatment, in newsletters, articles, other publications and the website www.ledd.nl
- is a knowledge and information point for literature and research
- provides a forum for those working with dual diagnosis



Implementation, monitoring and securing results

LEDD:

- advises and supports institutions while implementing and securing dual diagnosis treatment programs (with supervision and intervision)
- assists institutions in the monitoring of outcome results and in measuring model fidelity
- supports and encourages the development of different groups for people with dual diagnosis, such as low-threshold contemplation groups, active treatment groups and support groups for dual diagnosis clients
- provides documents, instruments and toolkits for downloading.

Contacting LEDD

Please contact Anneke van Wamel or Sonja van Rooijen through info@ledd.nl for more information.

LEDD is made possible by:

